



The Home Office

WFH by AMQ | July 2020





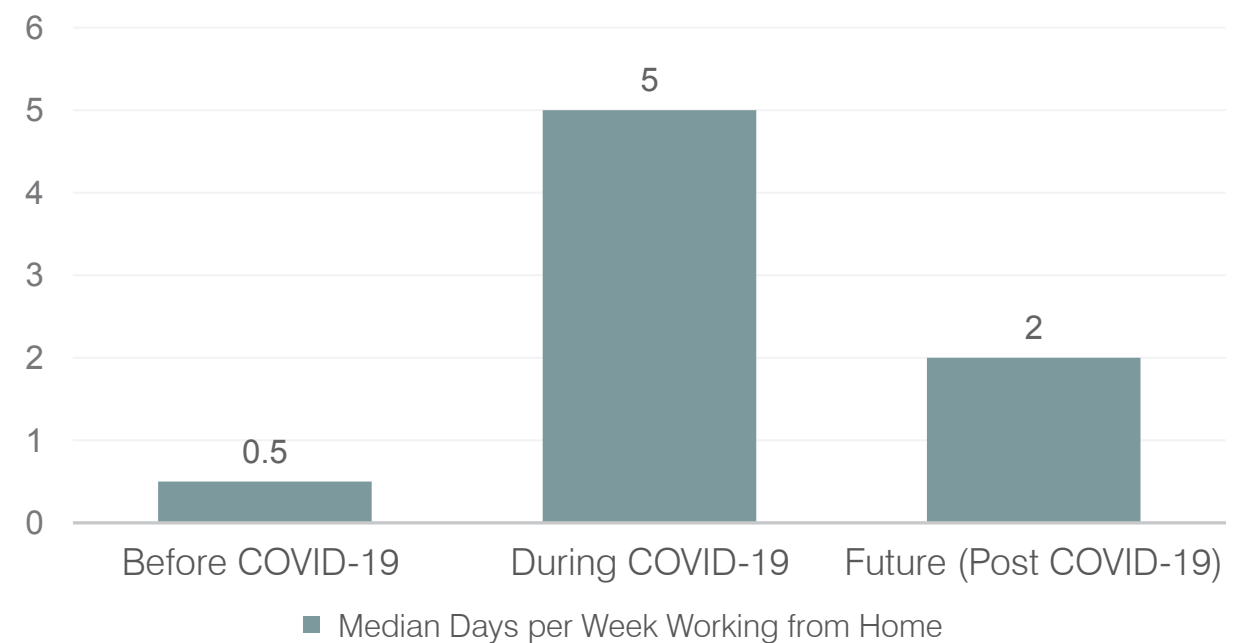
Working from home is now a reality for many.

For some, this has been a regular practice for months, or even years. For others, it's an entirely new way of working.

While each person faces their own set of challenges, AMQ is here to support this “new normal” with products that provide ergonomic support and privacy while maximizing small spaces. Our aim is to support functional work-from-home solutions that bring comfort, creativity, productivity and wellbeing.

The future of work includes the home.

Median days per week working from home



Global Workplace Analytics, Global Work from Home Experience Survey, May 2020.



We've got solutions.

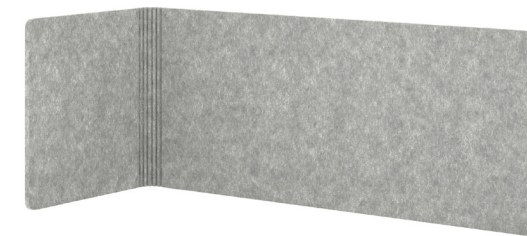
AMQ products offer affordability, flexibility and aesthetics to fit any environment. Our packages include multiple seating options, height adjustable desks, storage and privacy screens, to maintain comfortable, dedicated work spaces within the home environment.



ACTIV Desks
All styles



ZILO
All styles



3f Privacy Screens



Monitor Arms



REVI
Pedestals with cushions and
expandable bag drops



S-Series
Pedestal with cushion



Boost Power Box

Effective July 15, 2020, these products are approved for Work from Home use. Refer to price book for all sizes, finishes and options.



Example 1

ACTIV Desk / ZILO / Boost / Monitor Arm

Product	SKU	List
ACTIV Desk 2-stage	AP2-S2-30T.F1-S4830-W2.8	\$1,010
ZILO Mesh Chair	Z-005	\$695
Boost Power Box	X-E-PB5.F2	\$300
Single Monitor Arm	X-SMA3.F2	\$225

List Price as Shown: \$2,230

Refer to price book for finish options and specify on your submitted P.O.s.



Example 2

ACTIV Desk / Zilo Drafting / Boost / Revi

Product	SKU	List
ACTIV Desk 2-stage	AP2-S2-30C.F3-S6030-W2.3	\$1,050
ZILO Stool Chair	Z-MB2-S2-M2-DRK-A2-B1-C2-ER.5ES4	\$755
Boost Power Box	X-E-PB5.F3	\$300
Revi with cushion and expandable bag drops	REVI-PSL.F3, REVI-DOOR.F6, REVI-EBD-CST3, REVI-EBD.F6, REVI-SC.FB6	\$765

List Price as Shown: \$2,870

Refer to price book for finish options and specify on your submitted P.O.s.



Example 3

ACTIV Desk / Zilo / Monitor Arm / 3F Screen

Product	SKU	List
ACTIV Desk 2-stage	AP2-S2-30T.F2-S5430-W2.9	\$1,040
ZILO Chair	Z-001_ER.5ER8	\$685
Single Monitor Arm	X-SMA3.F2	\$225
3F Screen	X-3F-L-F5228.FC4 X-FPM.F2	\$410 \$160*

*Image uses 2 sets of brackets.

List Price as Shown: \$2,520

Refer to price book for finish options and specify on your submitted P.O.s.



Example 4

ACTIV Desk / Zilo

Product	SKU	List
ACTIV Desk 2-stage	AP2-S2-30T.F3-S4830-W2.4	\$1,010
ZILO Chair	Z-003_ER.5ES3	\$660

List Price as Shown: \$1,670

Refer to price book for finish options and specify on your submitted P.O.s.



Example 5

ACTIV Desk / Zilo / Boost / 3F Screen / Slim Pedestal

Product	SKU	List
ACTIV Desk 3 Stage	AP2-24T.F4-S6424-W2.7	\$1,145
ZILO Chair	Z-001_ER.5ES5	\$685
Boost Power Box	X-E-PB5.F2	\$300
3F Screen	X-3F-U-F6423.FC10 X-TMB.F2	\$555 \$180*
S-Series Slim Ped	SS-MMP.F2, SS-SPC-2312.FB10	\$340 \$140

*Image uses 3 sets of brackets.

List Price as Shown: \$3,345

Refer to price book for finish options and specify on your submitted P.O.s.



How to order

Send P.O.s to **orders@amqsolutions.com**

For product or pre-order questions,
contact your AMQ Representative or
email **sales@amqsolutions.com**.

Terms

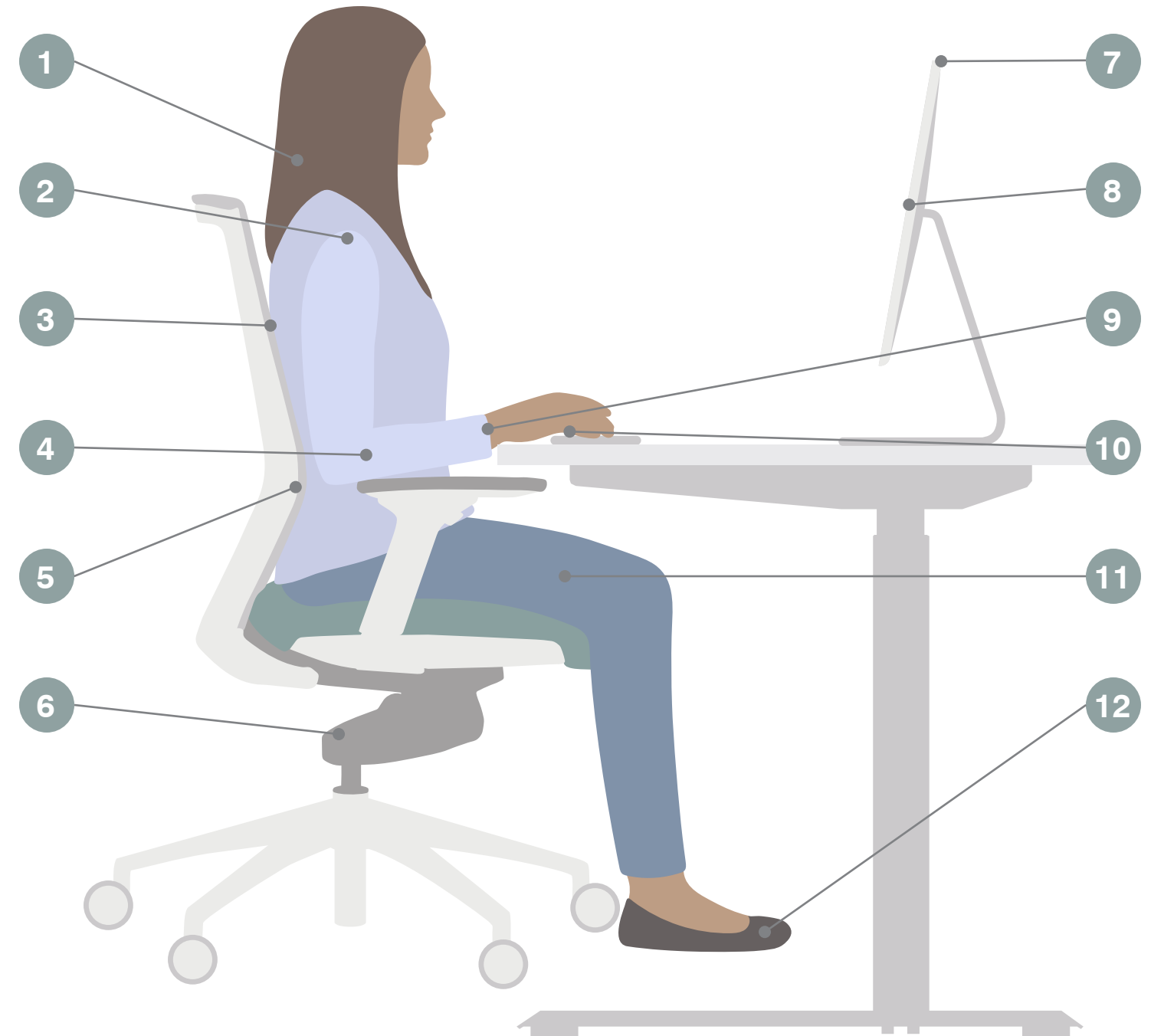
Orders ship within 5 business days.
Standard warranties apply.

For full terms, visit our Dealer portal
at amqsolutions.com.

Ergonomics

To maximize comfort and wellbeing, keep these posture tips in mind:

1. Neck is straight and head is evenly balanced
2. Relax shoulders so arms hang naturally and close to your body
3. Back has full contact with the backrest (sit all the way back in your chair)
4. Rest elbows and forearms comfortably on the arms of the chair, without bearing weight
5. Use a pillow or roll a towel to provide lumbar support
6. Adjust the height of your chair to accommodate your worksurface height
7. Top of monitor is at eye level or slightly lower and directly in front, so head is not turned
8. Monitor should be at least an arm's length away
9. Forearms should be at a 90-110-degree angle to the floor
10. Wrists should be straight when typing, not bent up or down
11. Thighs are parallel to the floor
12. Feet are flat on the floor or on a footrest



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